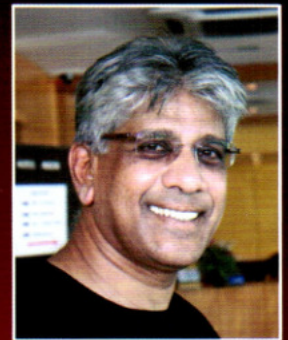


CANSURVIVE CENTRE MALAYSIA BERHAD
A NON-PROFIT CANCER CHARITY ORGANISATION

Role of Yoga in Prevention and Treatment of Cancer

Saturday
17th August 2013
4.00 pm - 6.00 pm

**FREE
REGISTRATION**



Venue :
Malaysian Association For The Blind
Jalan Tebing, Off Jln Tun Sambanthan 4, Brickfields, 50470 Kuala Lumpur.

SYNOPSIS

Yoga, the science of living is a way of life integrating the whole nature so that all aspects of life work in harmony, one with another. Yoga as a Therapy promotes health, it is both preventive and remedial. A tremendous range of illness has been alleviated by the correct understanding and practice of yoga. Proper Yoga Therapy Techniques helps uneasy elimination of accumulated toxins without external and pressure or medication. In this 2 hours of highly interactive talk on Role of Yoga in Prevention and Treatment of Yoga, the following topics will be presented.

- | | |
|-------------------------------------|---------------------------------------|
| 1. Introduction to Yoga | 2. What is Yoga Therapy |
| 3. Understand the cause of Cancer | 4. Art of Healing with Yoga Therapy |
| a. Asanas (Postures) | b. Pranayama (Breath and Vital Force) |
| c. Shatkarma (Cleansing Techniques) | d. Nidra (Relaxation) |
| e. Dhyna (Meditation) | |

CANSURVIVE & IT'S PURPOSE

Cansurvive is a support and information service for those who are challenged with cancer. Not just information and support, but a service that offers a greater awareness of the benefits of holistic, non-invasive cancer therapies, nutrition and diet, as well as orthodox treatments; what is available and where to access them. It is a window of light into the world of healing, where the word "Terminal" is a challenge, not a death sentence.

SPEAKER

Dr. Dhilip Kumar is currently operating a Yoga Therapy, Hypnotherapy And Pain Management Centre in Subang Jaya, Selangor, Malaysia. He also runs the Kevala Academy of Yoga (UK and Malaysia) offering Certificate Courses in Yoga and Yoga Therapy. Presently, Chapter Leader for Yoga with the Malaysian Society for Complementary Medicine (MSCM).

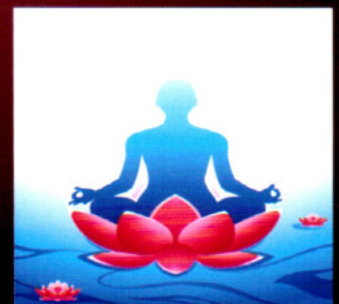
WHO SHOULD ATTEND

People challenged with cancer & their family members, alternative practitioners, medical professionals and anyone who wants to have a greater awareness of health issues.

REGISTRATION

Kindly reserve your seats by the following options:

1. SMS your name and email address to 017 - 881 2287 or Send an email to ucansurvive@gmail.com with your name and handphone number.



Organised by : CANSURVIVE CENTRE MALAYSIA BERHAD (903023-M)
A NON-PROFIT CANCER CHARITY ORGANISATION
www.cansurvive.org.my