



CANSURVIVE CENTRE MALAYSIA BERHAD

Fighting Cancer With Qigong

SYNOPSIS

Qigong is a form of exercise which originated from China. It involves mindfulness (concentration), breathing techniques, postures and movements. The exercises are quite similar to Tai Chi, but the range and styles of qigong exercises are wider.

Qigong is good for maintaining general health, as well as preventing and healing from a wide range of diseases. What is remarkable is that qigong is well-known for reversing and curing serious diseases like cancer, stroke and neuro-muscular diseases, even after medical treatments failed.

Practising qigong regularly can help you maintain good health and avoid the major diseases. If you already have a chronic disease, you have to practice more often to heal yourself. You can also seek the help of qigong healers who are able to send their qi (life force) to heal you. Many therapy sessions are usually required, and the results will be faster if you also practice qigong diligently.

Qigong improves health through increasing qi and improving its flow along the meridians (energy channels in the body). According to Traditional Chinese Medicine (TCM) theory, many diseases are due to "blockages" in the meridians. Qi flow can be improved by medicinal herbs, acupuncture, moxibustion, massage (Tui na) and qigong. Qigong masters can command and manipulate qi, unblock its flow and initiate healing. Some qigong masters can generate intense external qi that burn paper, and they can also do many other stunts. Most qigong exercises are simple and can be learnt by everyone (even children). Some qigong exercises can be fun too. Everyone should learn qigong, so that we will all become healthier and happier.

This session will focus on the usefulness of qigong in preventing and reversing cancer. If the space permits, we will do some qigong exercises too.

SPEAKER

Dr Amir is a medical consultant who practices holistic integrated medicine, combining modern medicine with natural, nutritional and complementary therapies. He is a qigong master and has been practicing and teaching qigong for over 20 years. He was the former founder president of Guolin Qigong Association which has many cancer survivors as its members. He is now adviser to several qigong associations. He is a health columnist for The Star ("Art of Qi/Art of Healing") for the last 9 years.

CANSURVIVE & IT'S PURPOSE

Cansurvive is a support and information service for those who are challenged with cancer. Not just information and support, but a service that offers a greater awareness of the benefits of holistic, non-invasive cancer therapies, nutrition and diet, as well as orthodox treatments; what is available and where to access them. It is a window of light into the world of healing, where the word "Terminal" is a challenge, not a death sentence.



Dr. Amir Farid Isahak

Saturday
07th April 2012
4.00 pm - 6.00 pm

Venue :
Malaysian Association
For The Blind, Jalan Tebing,
Off Jln Tun Sambanthan 4,
Brickfields, 50470
Kuala Lumpur.



WHO SHOULD ATTEND

People challenged with cancer & their family members, alternative practitioners, medical professionals and anyone who wants to have a greater awareness of health issues.

REGISTRATION

- Kindly reserve your seats by the following options:
1. SMS your name and email address to 017 - 881 2287
 2. Send an email to ucansurvive@gmail.com with your name and handphone number.