

# FREE\* REGISTRATION

Your registration for this event is free. However, we welcome donations to offset the cost of meals & refreshment. Please reserve your seat Online Via Eventbrite :

<http://tiny.cc/9pillars>

## CANSURVIVE'S FORUM

# The 9 PILLARS of WELL-BEING

A HOLISTIC  
APPROACH TO  
UNDERSTAND  
AND  
DEFEAT CANCER

**22.02.2020**

**7:30 - 17:30**

**VSQ@PJ CITY CENTRE**

Level 3, Manchester Room,  
Block 2, Jalan Utara,  
46200 P. Jaya

 [cansurvivemalaysia](https://www.facebook.com/cansurvivemalaysia)

 [cansurvivemalaysia](https://www.instagram.com/cansurvivemalaysia)

 [www.cansurvive.org.my](http://www.cansurvive.org.my)

### SYNOPSIS

“Lifestyle Diseases” or “Non-Communicable Diseases” (NCD) were deemed to be the development challenge of epidemic proportions in a political declaration adopted during the landmark 66th U.N. General Assembly Summit in 2011. This was a watershed event that now replaces ignorance and inertia with AWARENESS and RIGHT ACTIONS.

Datuk Dr. Noor Hisham Abdullah, Health Director General of Malaysia announced on the 3rd of January 2020 that for the 5 year period of 2012 to 2016, the number of new cancer cases had increased to 115,238 compared to 103,507 for the period 2007 to 2011. It is also quite alarming to know that the number of cancer cases detected at stage three and four had also risen from 58.7% to 63.7% compared to the previous 5-year report of the Malaysia National Cancer Registry. This is now a “Crisis of Epidemic Proportion”.

From the onset of discovery and for the rest of their lives, an individual diagnosed with cancer is a cancer survivor. However, the thought is not to just be a survivor but a conqueror; to defeat cancer and not to allow it to take root again. Achieving that is not really in the doctor's hand but in the patient's own hands through self-education and small daily lifestyle changes.

### LEARNING OUTCOME

The Cansurvive Support Team has spent over two years to review, research and develop the 9 Pillars for Well-Being, which encompasses all elements that need to be addressed from a holistic, integrative perspective of the disease. Firstly, it helps one to understand the disease. Then to know the options available and take self-responsibility for making decisions to tackle this scrooge called cancer. This relatively broad Holistic Framework also helps to empower the cancer patient, care-givers and family members to understand, prevent and reverse the disease.

### CANSURVIVE HOLISTIC WELLNESS SUPPORT GROUP

Cansurvive provides information and support, as well as services that offers greater awareness of the benefits of holistic, non-invasive cancer therapies, nutrition and diet as well as orthodox treatments (including what is available and where to access them) for Cancer. Increasingly, there is a need for greater

transparency for those seeking support in the holistic non-invasive cancer field. Cansurvive aims to be the window of light into the world of healing for those challenged with cancer. Let's continue that chain of support, research and commitment wherever the need or request may be in the future because We Care!

### PROGRAM OUTLINE

|       |                              |
|-------|------------------------------|
| 7:30  | Registration                 |
| 8:00  | Heart Intelligence           |
| 8:30  | Specific & Root Causes       |
| 9:15  | Tea Break                    |
| 10:00 | Inflammation - Stop it       |
| 10:30 | Oxygenate Your Cells         |
| 11:15 | Q&A                          |
| 12:00 | Lunch                        |
| 12:30 | Alkaline Your Body           |
| 13:30 | Anti-Anglogenese Diet        |
| 14:00 | Immune System Booster        |
| 14:30 | Bio-Break                    |
| 15:15 | Kaizen - Win Small Conflicts |
| 15:30 | Detoxify Daily               |
| 16:15 | Q&A                          |
| 17:00 | Closing Remarks              |

### SPEAKERS



**Stanley Ong**  
Deputy President,  
CanSurvive Malaysia



**Dr. C.D. Siby**  
President & Co-Founder,  
CanSurvive Malaysia



**Yeoh Joo Lee**  
Heart Intelligence Expert,  
CanSurvive Support Group



**S. Yoga Thevan**  
Past President & Co Founder,  
CanSurvive Malaysia



**Elke Wollschon**  
Team Lead, CanSurvive  
Information Technology  
& Social Media



**Alex Kumar**  
Team Lead,  
CanSurvive Support Group



**Krisna Veni**  
Team Coordinator,  
CanSurvive Health & Living  
Experts



**Jagdev Singh Bhullar**  
Team Lead,  
CanSurvive Health & Living  
Experts

Organized By :  
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