

## PILLAR - O

OXYGENATION  
: THE BREATH OF LIFE

Date: 21 May 2022  
TIMEZONE: UTC+8HOURS



Capt (R) Dr.  
Wong Ang Peng



Dr. Maria Emilia  
Gadelha Serr



Dr. Suresh Kumar



Mr. Augustine  
Loorthusamy



Ms. Lok Yen Lu



Ms. Sara Low



Mr. Piyachai Teo

## Itinerary

Time	Topics	Speaker
0830 – 0845	Zoom Opens Welcoming Of Participants By Host	Mr. Suresh Dhawan
0845 – 0900	Greetings, Introduction & House Rules Itinerary For Pillar - O <b>Oxygenation: The Breath Of Life</b>	Mr. Suresh Dhawan
0900 – 0930	A Reappraisal Of The Warburg Effect - Its Usefulness And Shortcomings In Cancer Therapy	Capt (R) Dr. Wong Ang Peng
0930 – 1030	Medical Ozone Therapy <b>[*not Available In Malaysia]</b>	Dr. Maria Emilia Gadelha Serr
1030 – 1045	<b>Morning Coffee Break</b>	
1045 – 1145	The Science Of Pranayama (Yogic Breathing Techniques)	Dr. Suresh Kumar
1145 – 1245	Normalise Carbon Dioxide (Co2) Levels With The Buteyko Breathing Technique	Mr. Augustine Loorthusamy
1245 – 1300	Cansurvive Updates	Mr. Suresh Dhawan
1300 – 1400	<b>Lunch Break</b>	
1400 – 1500	Food Grade Hydrogen Peroxide And Its Benefits, The Science And History	Ms. Lok Yen Lu
1500 – 1600	Oxygenation With Qi Gong	Ms. Sara Low
1600 – 1615	<b>Evening Tea Break</b>	
1615 – 1715	Supercharge Your Mental, Physical And Emotional Health By Activating The Wim Hoff Method Of Conscious Breathing	Mr. Piyachai Teo
1715 – 1730	Quiz, Closing Remarks & Gratitude	Mr. Suresh Dhawan

## CanSurvive &amp; Its Purpose

CanSurvive is a support and information service for those who are challenged with cancer. Not just information and support, but a service that offers a greater awareness of the benefits of holistic, non-invasive cancer therapies, nutrition and diet, as well as orthodox treatments; what is available and where to access them. It is a window of light into the world of healing, where the word "Terminal" is a challenge, not a death sentence.



Saturday, 8:30 am – 5:30 pm

21<sup>st</sup> May 2022

via 



Register: <https://tinyurl.com/23m883vp>

Organised by:

CanSurvive Centre Malaysia Berhad (903023-M)

Website : [www.cansurvive.org.my](http://www.cansurvive.org.my)

Facebook : CanSurvive Malaysia



**OXYGENATION  
: THE BREATH OF LIFE**



**Capt (R) Dr. Wong  
Ang Peng**

**A Reappraisal Of The Warburg Effect – Its Usefulness And Shortcomings In Cancer Therapy**

**Capt (R) Dr. Wong Ang Peng** is a Researcher and a Naturopathic Physician. He has also pursued the study of Iridology, Homeopathy and Philosophy. One of the Awards he received was the Gold Medal by the Indian Board of Natural Medicine in 1993, for his work in promoting natural medicine and health in Malaysia. Capt Dr Wong is the President of The Society of Natural Health Malaysia. He is also the President of The Naturopathic Medicine Association Malaysia. He also has authored books and publications on Health. Capt Dr Wong is also a well sought after speaker at various organisations including schools and clubs. He had also appeared on radio and television to share his expertise.



**Dr. Maria Emilia  
Gadelha Serr MD, MSc**

**Medical Ozone Therapy [\*not Available In Malaysia]**

**Dr. Maria Emilia Gadelha Serr MD, MSc** is a Physician. She is also a Biological Medicine and Homotoxicology Specialist. Dr. Maria was the Founder and first President-Director of the Brazilian Association of Ozone Therapy (ABOZ). She is Founder and current President of the Brazilian Society of Medical Ozone Therapy (SOBOM) since 2019. She has been a researcher in the area of Medical Ozone Therapy with ongoing research projects registered at Plataforma Brasil since 2019. Dr. Maria also has a Certificate of Hyperbaric Oxygen Therapy from Brazilian Society of Hyperbaric Medicine, São Paulo, Brazil.



**Dr. V Suresh Kumar**

**The Science Of Pranayama (Yogic Breathing Techniques)**

**Dr. Suresh Kumar** is a Senior Lecturer in Health & Wellness at Taylor's University, Malaysia for past eight years. He initiated, developed, and taught a new Holistic Approach to Health and Wellness Module. Since 2015, 1200 students have successfully completed this Holistic Approach to Health and Wellness module. A senior Ayurvedic Physician and Yoga Master. He has been providing Ayurveda medical treatments for various illnesses and health and wellness training for general well-being for 20 years. He focuses on life-style modification solutions including posture, breathing, mindfulness, stress management, and relaxation techniques. He provides training and workshops for corporate, academic and non profit community in Malaysia, Middle East, Europe and India. Given his expertise and experience, he has been included into the WHO Panel of Yoga Experts since 2020. He is also an External Assessor for the Bachelor of Ayurvedic Medical Sciences in Lincoln University College, Malaysia.



**Mr. Augustine  
Loorthusamy**

**Normalise Carbon Dioxide (Co2) Levels With The Buteyko Breathing Technique**

**Mr. Augustine** is a Buteyko practitioner for the past 10 years, and has followed the Buteyko method for 20 years. Mr. Augustine had suffered from asthma and sinus problems, and was on Ventolin relievers and steroid preventers for 25 years. Twenty years ago, he heard about the Buteyko Method, and decided to check out this alternative drug-free treatment for his asthma problem. He took a five-day course on the Buteyko way of breathing in Melbourne, under the guidance of a Buteyko practitioner. Within 3 months of practicing the Buteyko Method, he was able to abandoned the asthma medication he was on. Nine years later, based on his success and experience, he decided to become a Buteyko practitioner. He got trained in Brisbane, Australia. Since then, he has been practicing and reaping the benefits of the Buteyko Method, and sharing this effective and drug-free way with friends and relatives. Buteyko Works.



**Ms. Lok Yen Lu**

**Food Grade Hydrogen Peroxide And Its Benefits, The Science And History**

**Ms. Lok Yen Lu** was trained as an applied microbiologist & biotechnologist in Australia. She trained in Japan by a pharmaceutical company in Drug Discovery research. Due to her own illness even at a young age, she become curious and went on to do her own reading and researching to gather information on natural health and wellbeing. She also attended numerous health seminars and met many alternative health practitioners, who shared their knowledge with her. Ms. Lok Yen Lu also worked in the lab doing research in the field of phytochemicals, microbiology, enzymology and related areas. She treated people suffering from chronic and terminal illnesses using natural allopathic medicine, nano wave machine, parasite zapper and detox methods. She sold food grade hydrogen peroxide online for 10 years. She had also met many of the customers who shared their method of treating illnesses from cancer to covid, by using this inexpensive oxygen therapy.



**Ms. Sara Low**

**Oxygenation With Qi Gong**

**Ms. Sara** is a top graduate of a double degree in Chinese Medicine, and a retired Malaysian and Australian Certified Public Accountant. She is also a Master of Research in Qigong as well as a Research Assistant at China Australia Chinese Medicine Centre. A registered Chinese Medicine practitioner in Malaysia and Australia, she is currently teaching Qigong in Western Sydney University. She has also conducted Qigong classes in various parts of Malaysia, Australia and Sri Lanka. Ms. Sara is also conducting an international multi-disciplinary study with specialists from Australia, China, France and Malaysia to research on Qigong as one of the possible evidence based alternative complementary options to improved cancer related symptoms experienced by cancer survivors. Since 2002, Ms. Sara has been actively learning, practicing, teaching and promoting Qigong practice as a holistic approach to wellness. Sara also set up three active Qigong practice centres in Malaysia.



**Mr. Piyachai Teo**

**Supercharge Your Mental, Physical And Emotional Health By Activating The Wim Hoff Method Of Conscious Breathing**

**Mr. Piyachai Teo** is a certified Wim Hof Method Instructor, a certified Yoga Body Breathing Instructor, as well as a certified Tony Robbins Life Coach. Mr. Piyachai is the 5th certified Wim Hof Method instructor in Asia and the only certified instructor in Malaysia. Discovering the Wim Hof Method and the art of conscious breathing helped him overcome his anxiety and depression. Since then, he has made it his mission to share the power of breath to help people overcome mental and physical health problems, which were due to health issues in his family; the loss of an aunt to cancer and a cousin to depression. Till date, Mr. Piyachai has helped hundreds of people to become healthier and happier, just by learning how to breathe.